

- **Khwv tsi tau nyaj qhov twg lug le:** Yog has tas koj khwv tsi tau nyaj qhov twg lug lw, sau xaa ib dlaim ntawv qha tseeb saib yog le ntawd koj npaaj kev noj haus le caag, khuab dluag naam hab vaaj tsev nyob rua koj tsev tuabneeg, hab koj vaam has tas thaum twg koj maam le khwv tau nyaj lug.

Kev cai has txug tsi pub leej twg nkaag lug paub txug Zaaj lug. Yuav tsum yog koj sau tug mivnyuas le tug lej ntawv nyaj yuav Zaub Mov Noj. FDPIR, los sis TANF, tshooj 9 ntawm txuj kev cai sau ca has txug Kev Npaaj Zaub Mov rua mivnyuas kawm tnawv nyob thoob plawg tebchaws nuav. pum zoo kuas koj sau tug lej social security tug laug kws nyob huv lub tsev tuabneeg kws tau kus nwg lub npe los sis nwg yuav tsum qha has tas nwg tsi muaj tug lej social security. Koj tsi taag yuav tsum sau tug lej social security los yeej kus tau koj lub npe, tabsis yog has tas koj tsi sau rua huv ces peb tsi pum qaab yuav tsi tso cai tau rua huv koj dlaim ntawv thov. Tejzag peb tau siv tug lej social security lug tshawb txug cov lug kws koj tau sau tseg saib puas muaj tseeb le caag. Tej yaam le nuav yuav tau co j lug saib txug ntau yaam dlejnum. kuaj saib puas muaj tseeb le has tag, hab tej zag yuav tau siv hu rua koj tug tswv dlejnum saib koj puas ua tau nyaj le kws koj tau teev tseg tag. nug moog rua chaws muab ntawv nyaj yuav Zaub Mov Noj. FDPIR, los sis TANF txav txim saib puas muaj cai txais Ntawv Nyaj yuav noj, FDPIR, los sis TANF, nug moog rua tseemfwv huv lub xeev saib koj tau txais nyaj paab npaum le caag tag hab tshawb ntaub ntawv saib tsev tuabneeg ua num tau nyaj ntau npaum le caag. Tej yaam le nuav yog qha tsi meej muaj peevev xwm uas rua kuas thaum kawg tsi tau txais kev paab los sis txav kev paab lawm ntau. raug them rov qaab, los sis raug foob yog has tas muab lug tsi ncaaj. Tug lej social security ntau zag coj lug siv rua kev tshaaj tawm kws raug kev tso cai lug ntawm txuj cai saib txug kev Noj Mov huv tsev kawm ntawv thoob plawg tebchaws nuav hab has txug kev noj qaab haus huv pub rua cov mivnyuas kws tseemfwv tsim kuas muaj tsi pub kuas leej twg ua txhum txuj cai.